



Gluten Free Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Red Lentil & Cheese Enchiladas to go with Cabbage, Cauliflower, Roast</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Beef Bolognese to go with Green Beans, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Jelly</p> <p>Fresh Fruit Bar, Yoghurt</p>	<p>Cheese And Tomato Pizza With Garlic Bread</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt</p>	<p>Chicken Korma to go with Mixed Rice, Roasted Vegetables</p> <p>Vegetable Curry to go with Mixed Rice, Roasted Vegetables</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Yoghurt</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Fish Fingers to go with Chips, Peas, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Ice Cream Tub</p> <p>Fresh Fruit Bar, Jelly</p>
Week 2	<p>Quorn & Broccoli Bake to go with Carrots, Green Beans, New Potatoes</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Chicken Stir Fry</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Yoghurt</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Roast Turkey to go with Cabbage, Roast Potatoes, Honey Roast Parsnips</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Cottage Pie to go with Broccoli, Sweetcorn</p> <p>Vegan Shepherds Pie to go with Broccoli, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Jelly</p> <p>Fresh Fruit Bar, Yoghurt</p>	<p>Butchers Sausage to go with Baked Beans, Chips, Peas</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Lemon Cheesecake Mousse</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>
Week 3	<p>Mixed Bean Tacos</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Cheese & Tomato Pasta to go with New Potatoes, Peas, Red Cabbage</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Roast Gammon to go with Carrots, Cauliflower, Roast Potatoes</p> <p>Courgette, Basil & Mozzarella Tart to go with Carrots, Cauliflower, Roast Potatoes</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Butchers Sausage to go with Broccoli, Carrots, Mashed Potato</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Fish Fingers to go with Chips</p> <p>Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>



Dairy Free Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>French Bread Pizza to go with Cabbage, Cauliflower, New Potatoes</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Beef Bolognese to go with Green Beans, Spaghetti, Sweetcorn</p> <p>Vegetarian Bolognese to go with Green Beans, Spaghetti, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Apple Crumble</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Roast Chicken & Stuffing to go with Broccoli, Carrots, Roast Potatoes, Gravy</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Chicken & Stuffing</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Chicken Korma to go with Minted Red Cabbage, Mixed Rice, Roasted Vegetables</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Jelly</p> <p>Fresh Fruit Bar</p>	<p>Fish Fingers to go with Chips, Peas, Sweetcorn</p> <p>Homemade Crispy Vegetable Nuggets to go with Chips, Peas, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Ice Lolly</p> <p>Fresh Fruit Bar, Jelly</p>
Week 2	<p>Cheese & Tomato Pinwheels to go with Carrots, Green Beans, Mixed Rice, New Potatoes</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Chicken & Veg Noodles to go with Broccoli, Prawn Crackers, Roasted Vegetables</p> <p>Chinese Sweet Chilli Quorn to go with Broccoli, Roasted Vegetables</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sticky Pear and Chocolate Pudding</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Roast Turkey to go with Cabbage, Roast Potatoes, Gravy, Honey Roast Parsnips</p> <p>Vegan Burritos to go with Cabbage, Roast Potatoes, Gravy, Honey Roast Parsnips</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Chicken & Stuffing</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Cottage Pie to go with Broccoli, Sweetcorn</p> <p>Vegan Shepherds Pie to go with Broccoli, Sweetcorn</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Jelly</p> <p>Fresh Fruit Bar</p>	<p>Butchers Sausage to go with Baked Beans, Chips, Peas</p> <p>Quorn Sausages to go with Baked Beans, Chips, Peas</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Ice Lolly</p> <p>Fresh Fruit Bar</p>
Week 3	<p>Mixed Bean Tacos to go with Green Beans, Mixed Rice, Sweet Potato Wedges, Roasted Swede</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Beef Lasagne to go with New Potatoes, Peas, Red Cabbage</p> <p>Roasted Veg Lasagne to go with New Potatoes, Peas, Red Cabbage</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fruit Flapjack</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Roast Gammon to go with Carrots, Cauliflower, Roast Potatoes, Gravy</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Chicken & Stuffing</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Butchers Sausage to go with Carrots, Cauliflower, Mashed Potato</p> <p>Vegetable Sausage to go with Cabbage, Carrots, Mashed Potato</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cocoa Brownie</p> <p>Fresh Fruit Bar, Jelly</p>	<p>Cod in Batter to go with Baked Beans, Chips, Peas</p> <p>Jacket Potato with choice of fillings Baked Beans, Tuna Mayo</p> <p>Pasta with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Ice Lolly</p> <p>Fresh Fruit Bar</p>



Egg Free Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Pitta Pizza to go with Cabbage, Cauliflower, Roast New Potatoes with Rosemary</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Beef Bolognese to go with Green Beans, Sweetcorn</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Apple Crumble</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Roast Chicken & Stuffing to go with Broccoli, Carrots, Roast Potatoes, Gravy</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Chicken & Stuffing</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Chicken Korma to go with Minted Red Cabbage, Mixed Rice, Roasted Vegetables</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Fish Fingers to go with Chips, Peas, Sweetcorn</p> <p>Homemade Crispy Vegetable Nuggets to go with Chips, Peas, Sweetcorn</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>
Week 2	<p>Cheese & Tomato Pinwheels to go with Carrots, Green Beans, Mixed Rice, New Potatoes</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Chicken Stir Fry to go with Broccoli, Prawn Crackers, Roasted Vegetables</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Roast Turkey to go with Cabbage, Roast Potatoes, Gravy, Honey Roast Parsnips</p> <p>Vegan Burritos to go with Cabbage, Roast Potatoes, Gravy, Honey Roast Parsnips</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Turkey & Stuffing</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Cottage Pie to go with Broccoli, Sweetcorn</p> <p>Vegan Shepherds Pie to go with Broccoli, Sweetcorn</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Butchers Sausage to go with Baked Beans, Chips, Peas</p> <p>Quorn Sausages to go with Baked Beans, Chips, Peas</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>
Week 3	<p>Macaroni Cheese to go with Green Beans, Sweet Potato Wedges, Roasted Vegetables</p> <p>Mixed Bean Tacos to go with Green Beans, Mixed Rice, Sweet Potato Wedges, Roasted Swede</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Beef Bolognese to go with New Potatoes, Peas, Red Cabbage</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Fruit Flapjack</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Roast Gammon to go with Carrots, Cauliflower, Roast Potatoes, Gravy</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Sandwich Baguette with choice of fillings Roast Gammon</p> <p>Fresh Fruit Salad</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Butchers Sausage to go with Carrots, Cauliflower, Mashed Potato</p> <p>Vegetable Sausage to go with Cabbage, Carrots, Mashed Potato</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>	<p>Cod in Batter to go with Baked Beans, Chips, Peas</p> <p>Jacket Potato to go with Grated Cheese with choice of fillings Baked Beans</p> <p>Pasta to go with Grated Cheese with choice of fillings Homemade Tomato & Basil Sauce</p> <p>Cheese and Biscuits</p> <p>Fresh Fruit Bar, Yoghurt, Jelly</p>